



16.11.2020

Dear Parents/Guardians,

I have received the following information to send to you from NYCC.

#### Self-isolation

If you are self-isolating

- Please ensure that if you or a member of your family has Covid symptoms or has been asked to self-isolate (e.g. if they are a close contact of someone who has tested positive) that you and your household follow the self-isolation guidelines.
- Please do not send a child to school if they or a member of their household has symptoms, or if they have been asked to self-isolate.
- Please follow the national guidance:

o For individuals who have tested positive or who live in the same household as someone who is positive for covid-19: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

o For close contacts who do NOT live in the same household:

- If you require any further support (e.g. shopping, medication) whilst you are self-isolating please visit <https://www.northyorks.gov.uk/help-you-during-coronavirus-covid-19> for further information.

#### Messages for parents/carers on current lockdown restrictions

- The new national restrictions can be found here: <https://www.gov.uk/guidance/new-national-restrictions-from-5-november>
- In summary:
  - o You can leave home for education (formal provision, rather than extracurricular classes such as music or drama tuition,) training, registered childcare and children's activities that are necessary to allow parents/carers to work, seek work, or undertake education or training. Parents can still take their children to school, and people can continue existing arrangements for contact between parents and children where they live apart.
  - o You and your children must not meet people socially. However, you can exercise or meet in a public, outdoors space with people you live with, your support bubble (or as part of a childcare bubble), or with one other person.

There are several ways that parents and carers can continue to access childcare during the national restrictions <https://www.gov.uk/guidance/new-national-restrictions-from-5-november#childcare-and-childrens-activities>

Kind wishes,

Miss Amanda E Gledhill



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